



ELEVENTH EDITION

MICROBIOLOGY

CAPPUCCINO • WELSH **A Laboratory Manual**

LABORATORY SAFETY RULES AND REGULATIONS

The following basic safety rules should be observed at all times in the laboratory.

1. Upon entering the laboratory, place coats, books, and other paraphernalia in specified locations—never on bench tops.
 2. Keep doors and windows closed during the laboratory session to prevent contamination from air currents.
 3. At the beginning and termination of each laboratory session, wipe bench tops with a disinfectant solution provided by the instructor.
 4. Do not place contaminated instruments, such as inoculating loops, needles, and pipettes, on bench tops. Loops and needles should be sterilized by incineration, and pipettes should be disposed of in designated receptacles.
 5. On completion of the laboratory session, place all cultures and materials in the disposal area as designated by the instructor.
 6. Rapid and efficient manipulation of fungal cultures is required to prevent the dissemination of their reproductive spores in the laboratory environment.
 7. Wash your hands with liquid detergent, rinse with 95% ethyl alcohol, and dry them with paper towels upon entering and prior to leaving the laboratory.
 8. Wear a paper cap or tie back long hair to minimize its exposure to open flames.
 9. Wear a laboratory coat/apron and disposable gloves, as determined by your instructor, to protect your clothing and hands from contamination and from coming into direct contact with staining solutions.
 10. Closed shoes should be worn at all times in the laboratory setting.
 11. Never apply cosmetics or insert contact lenses in the laboratory.
 12. Do not smoke, eat, or drink in the laboratory. These activities are absolutely prohibited.
 13. Carry cultures in a test-tube rack when moving around the laboratory. Likewise, keep cultures in a test-tube rack on the bench tops when not in use. This serves a dual purpose: to prevent accidents and to avoid contamination of yourself and the environment.
 14. Never remove media, equipment, or, especially, microbial cultures from the laboratory. Doing so is absolutely prohibited.
 15. Immediately cover spilled cultures or broken culture tubes with paper towels and then saturate them with disinfectant solution. After 15 minutes of reaction time, remove the towels and dispose of them in a manner indicated by the instructor.
 16. Report accidental cuts or burns to the instructor immediately.
 17. Never pipette by mouth any broth cultures or chemical reagents. Doing so is strictly prohibited. Pipetting is to be carried out with the aid of a mechanical pipetting device only.
 18. Do not lick labels. Use only self-stick labels for the identification of experimental cultures.
 19. Speak quietly and avoid unnecessary movement around the laboratory to prevent distractions that may cause accidents.
- Additional precautions for handling body fluids:
20. Disposable gloves must be worn during the manipulation of these test materials.
 21. Immediate hand washing is required if contact with any of these fluids occurs and also upon removal of gloves.
 22. Masks, safety goggles, and laboratory coats should be worn if an aerosol might be formed or splattering of these fluids is likely to occur.
 23. Spilled body fluids should be decontaminated with a 1:10 dilution of household bleach, covered with paper toweling, and allowed to react for 10 minutes before removal.
 24. Test specimens and supplies in contact with these fluids must be placed into a container of disinfectant prior to autoclaving.

A flexible approach to the modern microbiology lab

NEW! "Propagation of Isolated Bacteriophage Cultures" experiment has been added to the Eleventh Edition. This experiment (39) guides students to isolate bacteriophages for genetic manipulation, an important technique in current clinical research as a possible way to treat antibiotic-resistant bacterial infections.

Propagation of Isolated Bacteriophage Cultures

EXPERIMENT

39

LEARNING OBJECTIVE

Once you have completed this experiment, you should be able to

1. Isolate bacteriophages from a plaque culture for later genetic studies or manipulations.
2. Enumerate the plaque-forming units isolated from an individual plaque.

CLINICAL APPLICATION

With the increase in the rates of antibiotic resistance in clinically relevant bacteria, pharmaceutical companies and researchers are looking for new therapeutic treatments in unlikely places. They are now looking at the possibility of treating a resistant bacterial infection with a bacteriophage. This is examining the clinical use of bacteriophages as a means of treating bacterial infections in the absence of antibiotics.

Principle

This exercise will demonstrate the procedure for isolating and propagating a specific bacteriophage species from a single plaque picked from a lawn plate. Before a microbiologist or virologist may begin studying a new bacteriophage or begin genetic recombination studies an individual strain must be isolated. This is similar to what must be done before performing assays on bacterial species; a single colony must be chosen so that all the bacteria present will be genetic and metabolic clones of each other. These same practices will be followed when studying viruses.

What begins as a single virus infecting a single bacterium will eventually spread to neighboring cells. With the release of phage particles from an infected cell the phages will spread via diffusion to neighboring cells. Since the viruses have no mechanisms for propulsion, such as a flagella or fibrillae, the particles must rely on diffusion through the soft agar medium to spread from cell to cell. This exercise will use that occurrence to remove the phage particles from an isolated plaque.

Microbial Fermentation

EXPERIMENT

46

PART A | Alcohol Fermentation

LEARNING OBJECTIVE

Once you have completed this experiment, you should understand

1. Wine production by the fermentative activities of yeast cells.

Principle

Wine is a product of the natural fermentation of the juices of grapes and other fruits, including peaches, pears, plums, and apples, by the action of yeast cells. This biochemical conversion of juice to wine occurs when the yeast cells enzymatically degrade the fruit sugars, fructose and glucose, first to acetaldehyde and then to alcohol, as illustrated in Figure 46.1.

Grapes containing 20% to 30% sugar concentration will yield wines with an alcohol content of approximately 10% to 15%. Also present in grapes are acids and minerals whose concentrations are increased in the finished product and that are responsible for the characteristic tastes and bouquets of different wines. For red wine, the crushed grapes must be fermented with their skins to allow extraction of their color into the juice. White wine is produced from the juice of white grapes.

The commercial production of wine is a long and exacting process. First, the grapes are crushed or pressed to express the juice, which is called must. Potassium metabisulfite is added to the must to retard the growth of acetic acid bacteria, molds, and wild yeast that are endogenous to grapes in the vineyard. A wine-producing strain of yeast, *Saccharomyces cerevisiae* var. *ellipsoideus*, is used to inoculate the must, which is then incubated for 3 to 5 days under aerobic conditions at 21°C to 32°C. This is followed by an anaerobic incubation period. The wine is then aged for 1 year to 5 years in aging tanks or wooden barrels. During this time, the wine is clarified of any turbidity, thereby producing volatile esters that are responsible for characteristic flavors. The clarified product is then filtered, pasteurized at 60°C for 30 minutes, and bottled.

Figure 46.1 Biochemical pathway for alcohol production

REVISED EXPERIMENTS include options for alternate media, making the experiments affordable and accessible to all sizes of lab programs. Experiment 46 now includes both wine and lactic acid fermentation, looking at the production of wine and yogurt.

AT THE BENCH

Materials

Cultures

48- to 72-hour nutrient broth cultures (50 ml per 250-ml Erlenmeyer flask) of *Staphylococcus aureus*, *Bacillus cereus*, 72- to 96-hour Sabouraud broth cultures (50 ml per 250-ml Erlenmeyer flask) of *Aspergillus niger* and *Saccharomyces cerevisiae*.

Media

Per designated student group (pairs or groups of four): five nutrient agar plates, five Sabouraud agar plates, and one 10-ml tube of nutrient broth.

Equipment

Microincinerator or Bunsen burner, 800-ml beaker (waterbath), tripod and wire gauze screen with heat-resistant pad, thermometer, sterile test tubes, glassware marking pencil, and inoculating loop.

Procedure Lab One

1. Label the covers of each of the nutrient agar and Sabouraud agar plates, indicating the experimental heat temperatures to be used: 25°C (control), 40°C, 60°C, 80°C, and 100°C.
2. Score the underside of all plates with a glassware marking pencil into two sections. On the nutrient agar plates, label one section *S. aureus* and the other *B. cereus*. On the Sabouraud agar plates, label one section *A. niger* and the second *S. cerevisiae*.
3. Using aseptic technique, inoculate the nutrient agar and Sabouraud agar plates labeled 25°C by making a single-line loop inoculation of each test organism in its respective section of the plate.
4. Using a sterile pipette and mechanical pipetter, transfer 10 ml of each culture to four sterile test tubes labeled with the name of the organism and the temperature (40°C, 60°C, 80°C, and 100°C).
5. Set up the waterbath as illustrated in Figure 40.2, inserting the thermometer in an uncapped tube of nutrient broth.

Procedure Lab Two

1. Observe all plates of the test organisms.
2. Record your results on the Lab Report.

NEW! BioSafety Levels (BSLs) alert students to appropriate safety techniques. The organisms within this manual are mostly BSL-1 organisms, with any BSL-2 organisms now marked within the text. The Eleventh Edition also reflects the most up to date safety protocols from governing bodies such as the EPA, ASM, and AOAC, better preparing students for professional lab work.

TIPS FOR SUCCESS

- Gram stain your unknown culture first and then determine which tests would be useful in identifying your bacteria. For example, the oxidase test and the citrate test would be of no use in identifying a Gram positive cocci bacteria.
- Since many of the tests utilize agars that are similar in appearance, be sure to label all tubes and plates to ensure that results are collected for the correct test.

NEW! Tips for Success appear throughout the experiments and draw attention to common mistakes and stumbling blocks in the lab. Each tip explains why specific techniques are necessary to yield accurate results and helps guide students on how to perform crucial procedural steps correctly.

MasteringMicrobiology **prepares students** for the modern microbiology lab

MasteringMicrobiology[®]

Pre-Lab Quizzes can be assigned for each of the 76 experiments in *Microbiology: A Laboratory Manual Eleventh Edition*. Each quiz consists of 10 multiple-choice questions with personalized wrong answer feedback.

MicroLab Tutors help instructors and students get the most out of lab time and make the connection between microbiology concepts, lab techniques, and real-world applications.

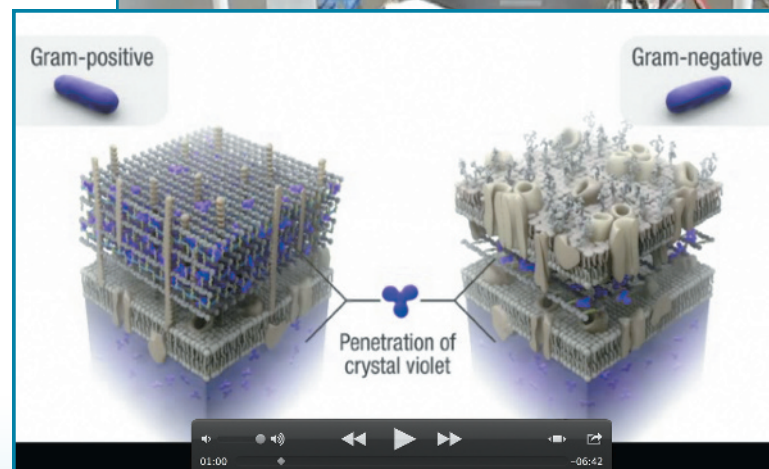
These tutorials combine live-action video and molecular animation paired with assessment and answer-specific feedback to help students to interpret and analyze lab results.



MicroLab Tutor Coaching Activities

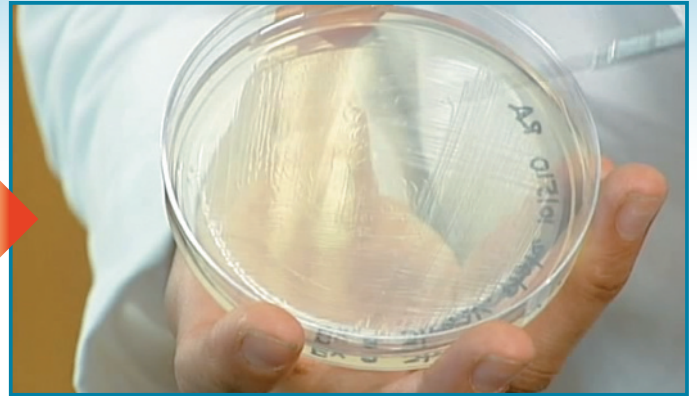
include the following topics:

- ▶ Use and Application of the Acid-Fast Stain
- ▶ Multitest Systems—API 20E
- ▶ Aseptic Transfer of Bacteria
- ▶ ELISA
- ▶ Gram Stain
- ▶ Use and Application of Microscopy
- ▶ Polymerase Chain Reaction (PCR)
- ▶ Safety in the Microbiology Laboratory
- ▶ Quantifying Bacteria with Serial Dilutions and Pour Plates
- ▶ Smear Preparation and Fixation
- ▶ Streak Plate Technique
- ▶ Survey of Protozoa
- ▶ Identification of Unknown Bacteria



MasteringMicrobiology®

Lab Technique Videos give students an opportunity to see techniques performed correctly and quiz themselves on lab procedures both before and after lab time. Lab Technique videos can be assigned as pre-lab quizzes in MasteringMicrobiology and include coaching and feedback.



Lab Technique Videos include:

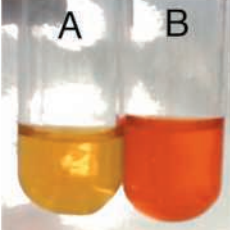
- ▶ **NEW!** The Scientific Method
- ▶ **NEW!** How to Write a Lab Report
- ▶ Acid-fast Staining
- ▶ Amylase Production
- ▶ Carbohydrate Catabolism
- ▶ Compound Microscope
- ▶ Differential and Selective Media
- ▶ Disk-diffusion Assay
- ▶ ELISA
- ▶ Gram Stain
- ▶ Hydrogen Sulfide Production
- ▶ Litmus Milk Reactions
- ▶ Negative Staining
- ▶ Respiration
- ▶ Serial Dilutions
- ▶ Simple Staining
- ▶ Smear Preparation
- ▶ Structural Stains
- ▶ Safety in the Microbiology Laboratory

MicroLab Practical: Biochemical Tests - Voges-Proskauer test (1 of 2)

Interpreting biochemical test results

Part A

Two different bacterial samples, A and B, were analyzed with the Voges-Proskauer (VP) test. The results are pictured here



[View the image in greater detail.](#)

Select ALL appropriate statements regarding the pictured oxidase test results.

- Specimen A fermented glucose and formed acetoin (acetyl/methylcarbinol).
- Specimen A fermented glucose and formed neutral end-products.
- Specimen A had a positive result for the VP test.
- Specimen B fermented glucose and formed acetoin (acetyl/methylcarbinol).
- Specimen B is fermented glucose and formed neutral end-products.
- Specimen B had a positive result for the VP test.

[Submit](#) [My Answers](#) [Give Up](#)

MicroLab Practical Activities assess students' observation skills and give them extra practice to analyze important lab tests, procedures, and results.

Instructors: Tailor this lab manual to **perfectly fit** your course!

NEW! Easy-to-adapt Lab Reports include blank spaces for individual course customization. Instructors can select their preferred organisms.

NEW! Revised Experiments include options for alternate media, reduced volumes, and fewer bacteria, making the experiments affordable and accessible to any-sized lab program.

REVISED! Instructor's Guide for *Microbiology: A Laboratory Manual*

by James G. Cappuccino,
Chad T. Welsh

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Updated to reflect changes in the lab manual, this guide is a valuable teaching aid for instructors and provides:

- ▶ **NEW!** Recommended readings for each experiment
- ▶ Detailed lists of required materials
- ▶ Tables for calculating the amount of media and equipment needed for your class
- ▶ Procedural points to emphasize
- ▶ Suggestions for optional procedural additions or modifications
- ▶ Helpful tips for preparing or implementing each experiment
- ▶ Answers to the Review Questions in the lab manual
- ▶ Information on laboratory safety protocol for instructional and technical staff

EXPERIMENT 8
Name: _____
Date: _____ Section: _____
Lab Report

Observations and Results

1. Draw representative fields of your microscopic observations.

M. luteus

2. Describe the microscopic appearance of the different bacteria using the

Negative Staining **EXPERIMENT 8**

LEARNING OBJECTIVES
Once you have completed this experiment, you should be able to

1. Perform a negative staining procedure.
2. Understand the benefit obtained from visualizing unstained microorganisms.

CLINICAL APPLICATION
Detecting Encapsulated Invaders
The principle application of negative staining is to determine if an organism possesses a capsule (a gelatinous outer layer that makes the microorganism more virulent), although it can also be used to demonstrate spore formation. The technique is frequently used in the identification of fungi such as *Cryptococcus neoformans*, an important infectious agent found in bird droppings that is linked to meningial and lung infections in humans.

Principle
Negative staining requires the use of an acidic stain such as India ink or nigrosin. The acidic stain, with its negatively charged chromogen, will not penetrate the cells because of the negative charge on the surface of bacteria. Therefore, the unstained cells are easily discernible against the colored background. The practical application of negative staining is twofold. First, since heat fixation is not required and the cells are not subjected to the distorting effects of chemicals and heat, their natural size and shape can be seen. Second, it is possible to observe bacteria that are difficult to stain, such as some spirochetes. Because heat fixation is not done during the staining process, keep in mind that the organisms are not killed and slides should be handled with care. Figure 8.1 shows a negative stain of bacilli.

AT THE BENCH

Materials

Cultures
Twenty-four-hour agar slant cultures of *Micrococcus luteus*, *Bacillus cereus*, and other alternate bacterial cultures.

Reagent
Nigrosin.

Equipment
Microincinerator or Bunsen burner, inoculating loop, staining tray, glass slides, lens paper, and microscope.

Procedure
Steps 1–4 are illustrated in Figure 8.2.

1. Place a small drop of nigrosin close to one end of a clean slide.
2. Using aseptic technique, place a loopful of inoculum from the *M. luteus* culture in the drop of nigrosin and mix.

Figure 8.1 Negative staining: Bacilli (1000x)

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The background of the cover features a vibrant orange color with a pattern of microscopic structures, including what appears to be a DNA double helix and various cellular or molecular components, rendered in a lighter shade of orange.

MICROBIOLOGY

A LABORATORY MANUAL

ELEVENTH EDITION

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PEARSON

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Preface

Microbiology is a dynamic science. It is constantly evolving as more information is added to the continuum of knowledge, and as microbiological techniques are rapidly modified and refined. The eleventh edition of *Microbiology: A Laboratory Manual* continues to provide a blend of traditional methodologies with more contemporary procedures to meet the pedagogical needs of all students studying microbiology. As in previous editions, this laboratory manual provides a wide variety of critically selected and tested experiments suitable for undergraduate students in allied health programs, as well as elementary and advanced general microbiology courses.

Our Approach

This laboratory manual is designed to guide students in the development of manipulative skills and techniques essential for understanding the biochemical structure and function of a single cell. Its main goal is to encourage students to apply these laboratory skills in the vocational field of applied microbiology and allied health or to further pursue the study of life at the molecular level.

In this manual, comprehensive introductory material is given at the beginning of each major area of study, and specific explanations and detailed directions precede each experiment. This approach augments, enhances, and reinforces course lectures, enabling students to comprehend more readily the concepts and purposes of each experiment. This also provides a review aid if the laboratory and lecture sections are not taught concurrently. The manual should also reduce the time required for explanations at the beginning of each laboratory session and thus make more time available for performing the experiments. Finally, care has been taken to design experimental procedures so that the supplies, equipment, and instrumentation commonly found in undergraduate institutions will suffice for their successful execution.

Organization

This manual consists of 72 experiments arranged into 16 parts. The experiments progress from those that are basic and introductory, requiring minimal manipulations, to those that are more complex, requiring more sophisticated skills. The format of each experiment is intended to facilitate presentation of the material by the instructor and to maximize the learning experience. To this end, each experiment is designed with the following components.

Learning Objectives

This introductory section defines the specific principles and/or techniques to be mastered.

Principle

This is an in-depth discussion of the microbiological concept or technique and the specific experimental procedure.

Clinical Application

Clinical or medical applications that appear within each experiment help students connect what they are learning in lecture with what they are doing in the lab. For students who intend to have careers as nurses or in other allied health fields, Clinical Applications explain the relevance of each lab technique to their career plans.

At the Bench

This section signals the beginning of the experiment, and includes the materials, notes of caution, and procedural instructions—all of the things students will need to know at the bench, during the course of the experiment.

Materials

This comprehensive list helps students and instructors prepare for each laboratory session. Materials appear under one of the following headings:

Cultures These are the selected test organisms that have been chosen to demonstrate effectively the experimental principle or technique under study. The choice is also based on their ease of cultivation and maintenance in stock culture. A complete listing of the experimental cultures and prepared slides is presented in Appendix 6.


Media These are the specific media and their quantities per designated student group. Appendix 3 lists the composition and method of preparation of all the media used in this manual.

Reagents These include biological stains as well as test reagents. The chemical composition and preparation of the reagents are presented in Appendices 4 and 5.

Equipment Listed under this heading are the supplies and instrumentation that are needed during the laboratory session. The suggested equipment was selected to minimize expense while reflecting current laboratory technique.

Procedure

This section provides explicit instructions, augmented by diagrams, that aid in the execution and interpretation of the experiment.

 A caution icon has been placed in experiments that may use potentially pathogenic materials. The instructor may wish to perform some of these experiments as demonstrations.

Lab Report

These tear-out sheets, located at the end of each experiment, facilitate interpretation of data and subsequent review by the instructor. The Observations and Results portion of the report provides tables for recording observations and results, and helps the students draw conclusions from and interpret their data. The Review Questions aid the instructor in determining the student's ability to understand the experimental



concepts and techniques. Questions that call for more critical thinking are indicated by the brain icon.

New to the Eleventh Edition

For this eleventh edition, the primary aim was to build upon and enrich the student experience. The changes described below are intended to impart the relevance of microbiological lab techniques to published standard protocols, and to enhance student understanding in the validity of each of the microbiological procedures as they apply laboratories in both the educational and industrial setting.

New Tips for Success

The eleventh edition includes new Tips for Success that will help students avoid common mistakes while they learn laboratory techniques. These tips alert students to potential issues or mistakes that other students have encountered while doing the same experiments. Warning students about potential issues before they begin experiments will reduce the number of procedural mistakes and maximize the number of successful experiments.

New Experiment 39: Propagation of Isolated Bacteriophage Cultures

This experiment builds on previous experiments by utilizing procedures for the cultivation and enumeration of coliphages isolated from individual plaques produced in experiment 38. These techniques when combined should allow students to isolate, cultivate, and further propagate bacteriophages from commercial or environmental sources.

New Experiment 46: Microbial Fermentation

The previous version of this experiment examined alcohol fermentation by yeast cells. The current experiment has been expanded to include lactic acid fermentation. Students will produce yogurt in an experimental setting, examining changes in culture pH and liquid consistency over time as a means to study bacterial lactic acid production during anaerobic metabolism.

Information Concerning Governing Bodies

Where appropriate, information concerning governing bodies, such as the Environmental Protection Agency (EPA), the Clinical and

Laboratory Standards Institute (CLSI), and AOAC International, has been included in the introductory material for some experiments. By drawing attention to governing bodies beyond the American Society for Microbiology (ASM) that have published laboratory standards, students will be introduced to the various industry standards that regulate microbiology laboratories.

Updates and Revisions

Throughout the manual, updates and revisions have been made to background information, terminology, equipment, and procedural techniques, including the following:

- Added a new procedure for a streak plate method in Experiment 2.
- Updated protocols in many experiments, including Experiment 20, to utilize micro-volume procedures.
- Added an alternate protocol in Experiment 12 that uses the McFarland Standards to culture preparations for each lab.
- Protocols for the utilization of plate readers in measuring turbidity and bacterial growth have been added to Experiment 12 and other experiments.
- Results tables have been updated for many experiments (e.g., Experiments 20 and 21) to allow instructors to modify or customize the lab to include organisms of interest not listed in the protocol.
- Added biosafety level (BSL) markers throughout the text. Organisms are clearly labeled with biosafety level 2 if they require additional precautions (**BSL-2**).

Instructor Resources

The Instructor Guide (ISBN 978-0-134-29869-6) is a valuable teaching aid for instructors. It has been updated to reflect changes in the main text, and provides:

- Laboratory safety protocol for the instructional staff
- Laboratory safety protocol for the technical staff
- New Additional Reading research articles for each experiment
- Detailed lists of required materials, procedural points to emphasize, suggestions for optional

procedural additions or modifications, helpful tips for preparing or implementing each experiment, and answers to the Review Questions in the student manual

- Appendices with the formulas for the preparation of all media, test reagents, and microbiological stains, as well as the microorganisms required for the performance of each procedure

Acknowledgments

I wish to express my sincere gratitude to the following instructors for their manuscript reviews of the tenth edition. Their comments and direction contributed greatly to the eleventh edition.

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I would like to express my sincere gratitude to Dr. James Cappuccino for the opportunity to work with him on this laboratory manual that has been his work for the past 20+ years. My hope is that with this eleventh edition we will begin a long and rewarding collaboration.

I also wish to extend my appreciation to the staff at Pearson who helped me through the creation of this manual. Specifically I would like to thank Kelsey Churchman, Senior Acquisitions Editor, Chriscelle Palaganas, Program Manager, and Arielle Grant, Project Manager.

Chad Welsh

Laboratory Safety

General Rules and Regulations

A rewarding laboratory experience demands strict adherence to prescribed rules for personal and environmental safety. The former reflects concern for your personal safety in terms of avoiding laboratory accidents. The latter requires that you maintain a scrupulously clean laboratory setting to prevent contamination of experimental procedures by microorganisms from exogenous sources.

Because most microbiological laboratory procedures require the use of living organisms, an integral part of all laboratory sessions is the use of aseptic techniques. Although the virulence of microorganisms used in the academic laboratory environment has been greatly diminished because of their long-term maintenance on artificial media, all microorganisms should be treated as potential pathogens (organisms capable of producing disease). Thus, microbiology students must develop aseptic techniques (free of contaminating organisms) in the preparation of pure cultures that are essential in the industrial and clinical marketplaces.

The following basic steps should be observed at all times to reduce the ever-present microbial flora of the laboratory environment.

1. Upon entering the laboratory, place coats, books, and other paraphernalia in specified locations—never on bench tops.
2. Keep doors and windows closed during the laboratory session to prevent contamination from air currents.
3. At the beginning and termination of each laboratory session, wipe bench tops with a disinfectant solution provided by the instructor.
4. Do not place contaminated instruments, such as inoculating loops, needles, and pipettes, on bench tops. Loops and needles should be sterilized by incineration, and pipettes should be disposed of in designated receptacles.
5. On completion of the laboratory session, place all cultures and materials in the disposal area as designated by the instructor.
6. Rapid and efficient manipulation of fungal cultures is required to prevent the dissemination of their reproductive spores in the laboratory environment.

To prevent accidental injury and infection of yourself and others, observe the following regulations:
 1. Wash your hands with liquid detergent, rinse with 95% ethyl alcohol, and dry them with paper towels upon entering and prior to leaving the laboratory.
 2. Always use the appropriate safety equipment as determined by your instructor:
 - a. A laboratory coat or apron may be necessary while working in the laboratory. Lab coats protect clothing from contamination or accidental discoloration by staining solutions.
 - b. You may be required to wear gloves while performing the lab exercises. Gloves shield your hands from contamination by microorganisms. They also prevent the hands from coming in direct contact with stains and other reagents.
 - c. Masks and safety goggles may be required to prevent materials from coming in contact with your eyes.
 3. Wear a paper cap or tie back long hair to minimize its exposure to open flames.
 4. Wear closed shoes at all times in the laboratory setting.
 5. Never apply cosmetics or insert contact lenses in the laboratory.
 6. Do not smoke, eat, or drink in the laboratory. These activities are absolutely prohibited.
 7. Carry cultures in a test-tube rack when moving around the laboratory. Likewise, keep cultures in a test-tube rack on the bench tops when not in use. This serves a dual purpose: to prevent accidents and to avoid contamination of yourself and the environment.

- 8.** Never remove media, equipment, or especially, microbial cultures from the laboratory. Doing so is absolutely prohibited.
- 9.** Immediately cover spilled cultures or broken culture tubes with paper towels and then saturate them with disinfectant solution. After 15 minutes of reaction time, remove the towels and dispose of them in a manner indicated by the instructor.
- 10.** Report accidental cuts or burns to the instructor immediately.
- 11.** Never pipette by mouth any broth cultures or chemical reagents. Doing so is strictly prohibited. Pipetting is to be carried out with the aid of a mechanical pipetting device only.
- 12.** Do not lick labels. Use only self-stick labels for the identification of experimental cultures.
- 13.** Speak quietly and avoid unnecessary movement around the laboratory to prevent distractions that may cause accidents.

The following specific precautions must be observed when handling body fluids of unknown origin due to the possible transmission of human immunodeficiency virus (HIV) and hepatitis B virus in these test specimens.

- 1.** Wear disposable gloves during the manipulation of test materials such as blood, serum, and other body fluids.
- 2.** Immediately wash hands if contact with any of these fluids occurs and also on removal of the gloves.
- 3.** Wear masks, safety goggles, and laboratory coats if an aerosol might be formed or splattering of these fluids is likely to occur.
- 4.** Decontaminate spilled body fluids with a 1:10 dilution of household bleach, covered with paper toweling, and allowed to react for 10 minutes before removal.
- 5.** Place test specimens and supplies in contact with these fluids into a container of disinfectant prior to autoclaving.

I have read the above laboratory safety rules and regulations and agree to abide by them.

Name: _____ Date: _____

Laboratory Protocol

Student Preparation for Laboratory Sessions

The efficient performance of laboratory exercises mandates that you attend each session fully prepared to execute the required procedures. Read the assigned experimental protocols to effectively plan and organize the related activities. This will allow you to maximize use of laboratory time.

Preparation of Experimental Materials

Microscope Slides: Meticulously clean slides are essential for microscopic work. Commercially precleaned slides should be used for each microscopic slide preparation. However, wipe these slides with dry lens paper to remove dust and finger marks prior to their use. With a glassware marking pencil, label one end of each slide with the abbreviated name of the organism to be viewed.

Labeling of Culture Vessels: Generally, microbiological experiments require the use of a number of different test organisms and a variety of culture media. To ensure the successful completion of experiments, organize all experimental cultures and sterile media at the start of each experiment. Label culture vessels with non-water-soluble glassware markers and/or self-stick labels prior to their inoculation. The labeling on each of the experimental vessels should include the name of the test organism, the name of the medium, the dilution of sample (if any), your name or initials, and the date. Place labeling directly below the cap of the culture tube. When labeling Petri dish cultures, only the name of the organism(s) should be written on the bottom of the plate, close to its periphery, to prevent obscuring observation of

the results. The additional information for the identification of the culture should be written on the cover of the Petri dish.

Inoculation Procedures

Aseptic techniques for the transfer or isolation of microorganisms, using the necessary transfer instruments, are described fully in the experiments in Part 1 of the manual. Technical skill will be acquired through repetitive practice.

Inoculating Loops and Needles: It is imperative that you incinerate the entire wire to ensure absolute sterilization. The shaft should also be briefly passed through the flame to remove any dust or possible contaminants. To avoid killing the cells and splattering the culture, cool the inoculating wire by tapping the inner surface of the culture tube or the Petri dish cover prior to obtaining the inoculum, or touch the edge of the medium in the plate.

When performing an aseptic transfer of microorganisms, a minute amount of inoculum is required. If an agar culture is used, touch only a single area of growth with the inoculating wire to obtain the inoculum. Never drag the loop or needle over the entire surface, and take care not to dig into the solid medium. If a broth medium is used, first tap the bottom of the tube against the palm of your hand to suspend the microorganisms. Caution: Do not tap the culture vigorously as this may cause spills or excessive foaming of the culture, which may denature the proteins in the medium.

Pipettes: Use only sterile, disposable pipettes or glass pipettes sterilized in a canister. The practice of pipetting by mouth has been discontinued to eliminate the possibility of autoinfection by accidentally imbibing the culture or infectious body fluids. Instead, use a mechanical pipetting device to obtain and deliver the material to be inoculated.

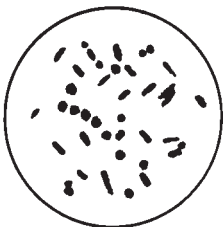
Incubation Procedure

Microorganisms exhibit a wide temperature range for growth. However, for most used in this manual, optimum growth occurs at 37°C over a period of 18 to 24 hours. Unless otherwise indicated in specific exercises, incubate all cultures under the conditions cited above. Place culture tubes in a rack for incubation. Petri dishes may be stacked; however, they must always be incubated in an inverted position (top down) to prevent water condensation from dropping onto the surface of the culture medium. This excess moisture could allow the spread of the microorganisms on the surface of the culture medium, producing confluent rather than discrete microbial growth.

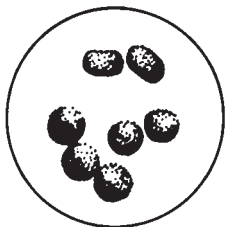
Procedure for Recording Observations and Results

The accurate accumulation of experimental data is essential for the critical interpretation of the observations upon which the final results will be based. To achieve this end, it is imperative that you complete all the preparatory readings that are necessary for your understanding of the basic principles underlying each experiment. Meticulously record all the observed data in the Lab Report of each experiment.

In the experiments that require drawings to illustrate microbial morphology, it will be advantageous to depict shapes, arrangements, and cellular structures enlarged to 5 to 10 times their actual microscopic size, as indicated by the following illustrations. For this purpose a number 2 pencil is preferable. Stippling may be used to depict different aspects of cell structure (e.g., endospores or differences in staining density).



Microscopic drawing



Enlarged drawing

Review Questions

The review questions are designed to evaluate the student's understanding of the principles and the interpretations of observations in each experiment. Completion of these questions will also serve to reinforce many of the concepts that are discussed in the lectures. At times, this will require the use of ancillary sources such as textbooks, microbiological reviews, or abstracts. The designated critical-thinking questions are designed to stimulate further refinement of cognitive skills.

Procedure for Termination of Laboratory Sessions

1. Return all equipment, supplies, and chemical reagents to their original locations.
2. Neatly place all capped test tube cultures and closed Petri dishes in a designated collection area in the laboratory for subsequent autoclaving.
3. Place contaminated materials, such as swabs, disposable pipettes, and paper towels, in a biohazard receptacle prior to autoclaving.
4. Carefully place hazardous biochemicals, such as potential carcinogens, into a sealed container and store in a fume hood prior to their disposal according to the institutional policy.
5. Wipe down table tops with recommended disinfectant.
6. Wash hands before leaving the laboratory.

Basic Laboratory Techniques for Isolation, Cultivation, and Cultural Characterization of Microorganisms

LEARNING OBJECTIVES

Once you have completed the experiments in this section, you should be familiar with

1. The types of laboratory equipment and culture media needed to develop and maintain pure cultures.
2. The types of microbial flora that live on the skin and the effect of hand washing on them.
3. The concept of aseptic technique and the procedures necessary for successful subculturing of microorganisms.
4. Streak-plate and spread-plate inoculation of microorganisms in a mixed microbial population for subsequent pure culture isolation.
5. Cultural and morphological characteristics of microorganisms grown in pure culture.

Introduction

Microorganisms are ubiquitous. They are found in soil, air, water, food, sewage, and on body surfaces. In short, every area of our environment is replete with them. The microbiologist separates these mixed populations into individual species for study. A culture containing a single unadulterated species of cells is called a **pure culture**. To isolate and study microorganisms in pure culture, the microbiologist requires basic laboratory apparatus and the application of specific techniques, as illustrated in **Figure P1.1**.

Media

The survival and continued growth of microorganisms depend on an adequate supply of nutrients and a favorable growth environment. For survival, most microbes must use soluble low-molecular-weight substances that are frequently derived from the enzymatic degradation of complex nutrients. A solution containing these nutrients is a **culture**

medium. Basically, all culture media are liquid, semisolid, or solid. A liquid medium lacks a solidifying agent and is called a **broth medium**. A broth medium is useful for the cultivation of high numbers of bacterial cells in a small volume of medium, which is particularly helpful when an assay requires a high number of healthy bacterial cells. A broth medium supplemented with a solidifying agent called **agar** results in a solid or semisolid medium. Agar, an extract of seaweed, is a complex carbohydrate composed mainly of galactose, and is without nutritional value. Agar serves as an excellent solidifying agent because it liquefies at 100°C and solidifies at 40°C. Because of these properties, organisms, especially pathogens, can be cultivated at temperatures of 37.5°C or slightly higher without fear of the medium liquefying. A completely solid medium requires an agar concentration of 1.5% to 1.8%. A concentration of less than 1% agar results in a **semisolid medium**. A semisolid medium is useful for testing a cell's ability to grow within the agar at lower oxygen levels and

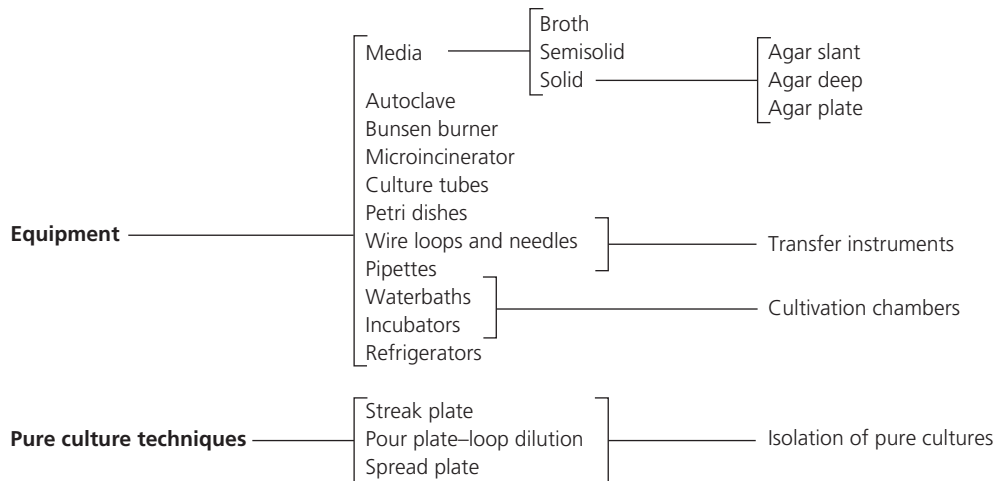


Figure P1.1 Laboratory apparatus and culture techniques

for testing the species' motility. A solid medium has the advantage that it presents a hardened surface on which microorganisms can be grown using specialized techniques for the isolation of discrete colonies. Each **colony** is a cluster of cells that originates from the multiplication of a single cell and represents the growth of a single species of microorganism. Such a defined and well-isolated colony is a pure culture. Also, while in the liquefied state, solid media can be placed in test tubes, which are then allowed to cool and harden in a slanted position, producing **agar slants**. These are useful for maintaining pure cultures. The slanted surface of the agar maximizes the available surface

area for microorganism growth while minimizing the amount of medium required. Similar tubes that, following preparation, are allowed to harden in the upright position are designated as **agar deep tubes**. Agar deep tubes are used primarily for the study of the gaseous requirements of microorganisms since gas exchange between the agar at the butt of the test tube and the external environment is impeded by the height of the agar. Liquid agar medium can also be poured into Petri dishes, producing **agar plates**, which provide large surface areas for the isolation and study of microorganisms. The various forms of solid media are illustrated in **Figure P1.2**.

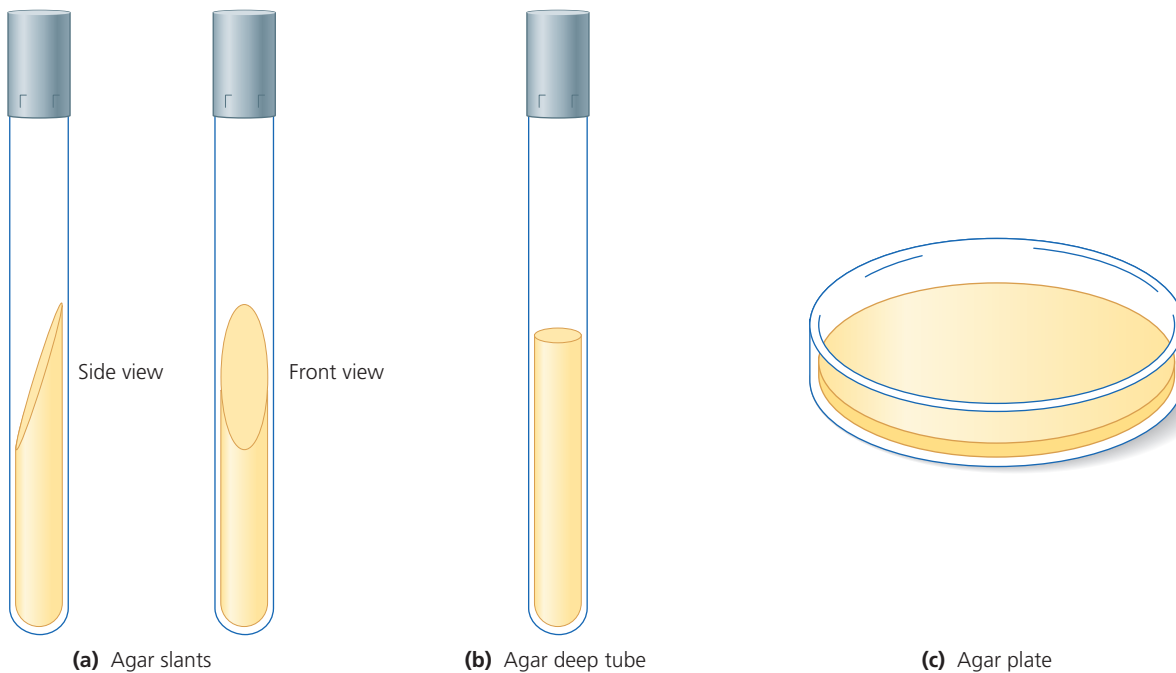


Figure P1.2 Forms of solid (agar) media

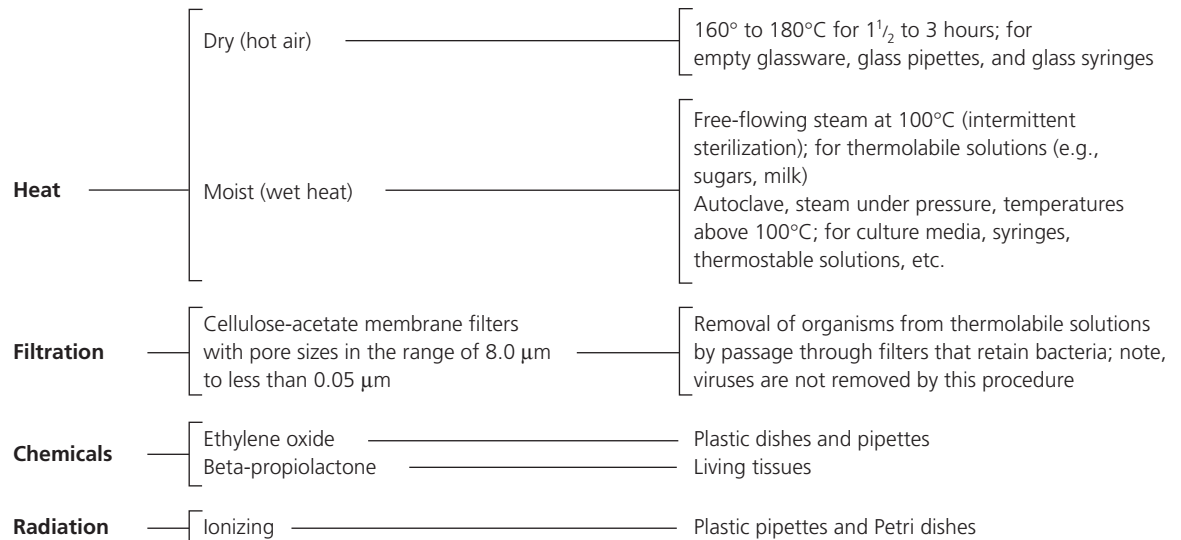


Figure P1.3 Sterilization techniques

In addition to nutritional needs, the environmental factors must also be regulated, including proper pH, temperature, gaseous requirements, and osmotic pressure. A more detailed explanation is presented in Part 4, which deals with cultivation of microorganisms; for now, you should simply bear in mind that numerous types of media are available.

Aseptic Technique

Sterility is the hallmark of successful work in the microbiology laboratory, and **sterilization** is the process of rendering a medium or material free of all forms of life. To achieve sterility, it is mandatory that you use sterile equipment and employ **aseptic techniques** when handling bacterial cultures. Using correct aseptic techniques minimizes the likelihood that bacterial cultures will be contaminated, and reduces the opportunity for students to be exposed to potential pathogens. Although a more detailed discussion is presented in Part 9, which describes the control of microorganisms, **Figure P1.3** is a brief outline of the routine techniques used in the microbiology laboratory.

Culture Tubes and Petri Dishes

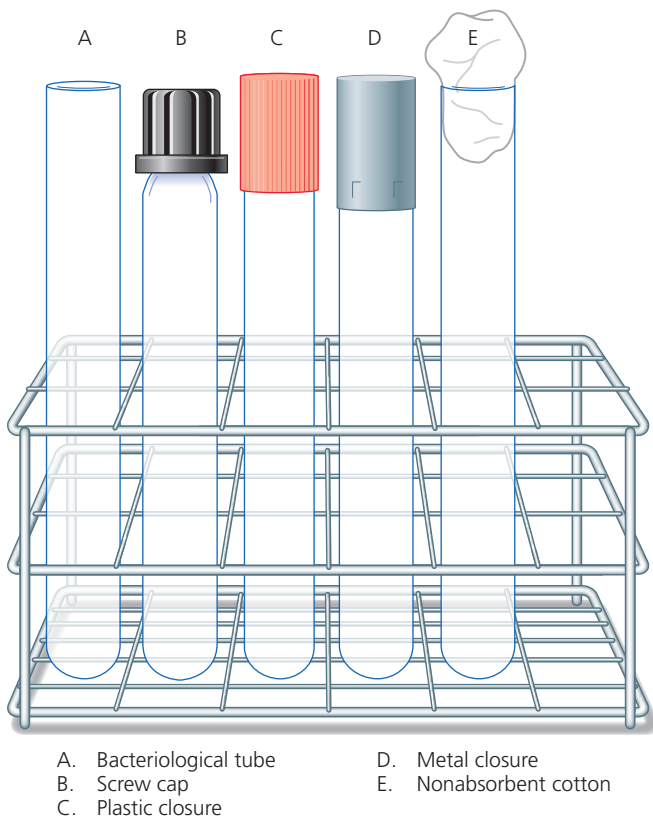
Glass **test tubes** and glass or plastic **Petri dishes** are used to cultivate microorganisms. A suitable nutrient medium in the form of broth or agar may be added to the tubes, while only a solid medium is used in Petri dishes. A sterile environment is maintained in culture tubes by various types of closures. Historically, the first type, a cotton plug, was developed by Schröder and von Dusch in the nineteenth century. Today most laboratories use

sleeve-like caps (Morton closures) made of metal, such as stainless steel, or heat-resistant plastics. The advantage of these closures over the cotton plug is that they are labor-saving and, most of all, slip on and off the test tubes easily.

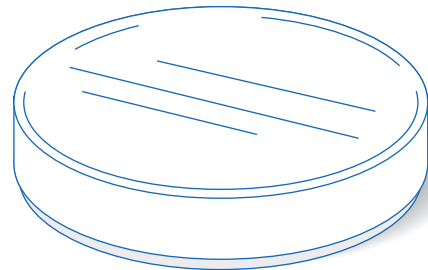
Petri dishes provide a larger surface area for growth and cultivation. They consist of a bottom dish portion that contains the medium and a larger top portion that serves as a loose cover. Petri dishes are manufactured in various sizes to meet different experimental requirements. For routine purposes, dishes approximately 15 cm in diameter are used. The sterile agar medium is dispensed to previously sterilized dishes from molten agar deep tubes containing 15 ml to 20 ml of medium, or from a molten sterile medium prepared in bulk and contained in 250-, 500-, and 1000-ml flasks, depending on the volume of medium required. When cooled to 40°C, the medium will solidify. Remember that *after inoculation, Petri dishes are incubated in an inverted position* (top down) to prevent condensation formed on the cover during solidification from dropping down onto the surface of the hardened agar. For this reason, Petri dishes should be labeled on the bottom of the dish. This makes it easier to read the label and minimizes confusion if two Petri dish covers are interchanged. **Figure P1.4** illustrates some of the culture vessels used in the laboratory. Built-in ridges on tube closures and Petri dishes provide small gaps necessary for the exchange of air.

Transfer Instruments

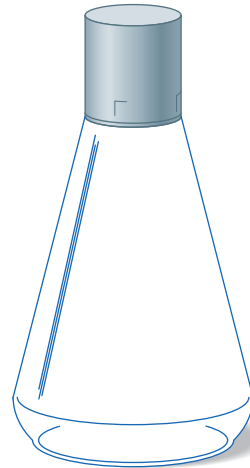
Microorganisms must be transferred from one vessel to another or from stock cultures to various media for maintenance and study. This transfer



(a) Test tube rack with tubes showing various closures



(b) Petri dish



(c) DeLong shaker flask with closure

Figure P1.4 Culture vessels

is called **subculturing** and must be carried out under aseptic conditions to prevent possible contamination.

Wire loops and needles are made from inert metals such as Nichrome or platinum and are inserted into metal shafts that serve as handles. They are extremely durable instruments and are easily sterilized by incineration in the blue (hottest) portion of the Bunsen burner flame. A wire loop is useful for transferring a small volume of bacteria onto the surface of an agar plate or slant. A needle is used primarily to inoculate a culture into a broth medium or into an agar deep tube.

A **pipette** is another instrument used for aseptic transfers. Pipettes are similar in function to straws; that is, they draw up liquids. They are glass or plastic and drawn out to a tip at one end, with a mouthpiece forming the other end. They are calibrated to deliver different volumes depending on requirements. Pipettes may be sterilized in bulk inside canisters, or they may be wrapped individually in brown paper and sterilized in an autoclave or dry-heat oven. A micropipette

(commonly called a “pipetter”) with a disposable, single-use plastic tip is useful for transferring small volumes of liquid (less than ≤ 1 ml).

Figure P1.5 illustrates these transfer instruments. Your instructor will demonstrate the proper procedure for using pipettes.

⚠ Pipetting by mouth is not permissible!
Pipetting must be performed with mechanical pipette aspirators.

Cultivation Chambers

The specific temperature requirements for growth are discussed in detail in Part 4. However, a prime requirement for the cultivation of microorganisms is that they be grown at their optimum temperature. An **incubator** is used to maintain optimum temperature during the necessary growth period. It resembles an oven and is thermostatically

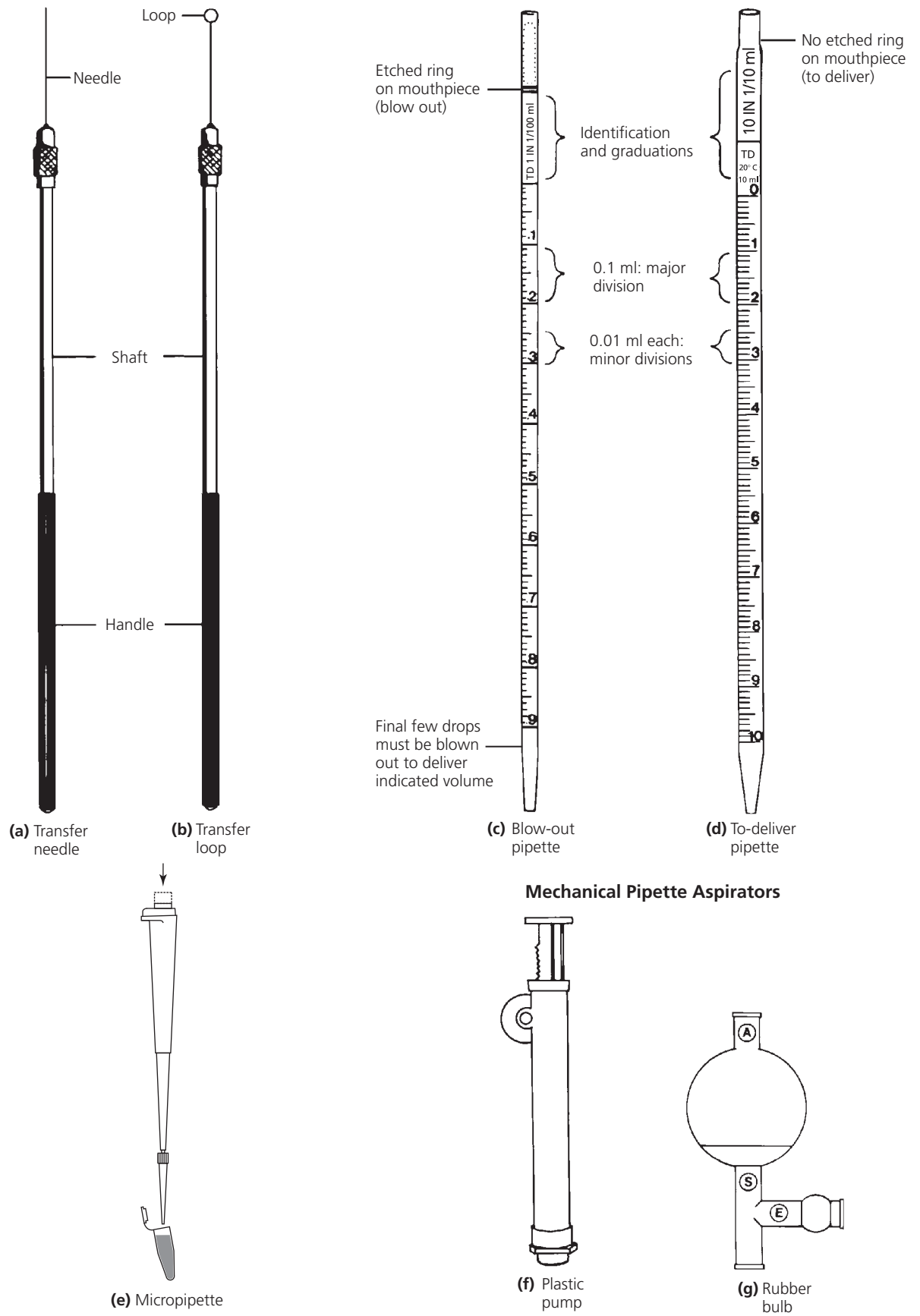


Figure P1.5 Transfer instruments

controlled so that temperature can be varied depending on the requirements of specific microorganisms. Most incubators use dry heat. Moisture is supplied by placing a beaker of water in the incubator during the growth period. A moist environment retards dehydration of the medium and thereby avoids misleading experimental results.

A thermostatically controlled **shaking waterbath** is another piece of apparatus used to cultivate microorganisms. Its advantage is that it provides a rapid and uniform transfer of heat to the culture vessel, and its agitation provides increased aeration, resulting in acceleration of growth. The primary disadvantage of this instrument is that it can be used only for cultivation of organisms in a broth medium.

Many laboratories also use shaking incubators that utilize dry air incubation to promote aeration of the broth medium. This method has a distinct advantage over a shaking waterbath since there is no chance of cross contamination from microorganisms that might grow in the waterbath.

Refrigerator

A refrigerator is used for a wide variety of purposes such as maintenance and storage of stock cultures between subculturing periods, and storage of sterile media to prevent dehydration. It is also used as a repository for thermolabile solutions, antibiotics, serums, and biochemical reagents.

Culture Transfer Techniques

LEARNING OBJECTIVES

Once you have completed this experiment, you should be able to

1. Carry out the technique for aseptic removal and transfer of microorganisms for subculturing.
2. Correctly sterilize inoculating instruments in a microincinerator or the flame of a Bunsen burner.
3. Correctly remove and replace the test tube closure.

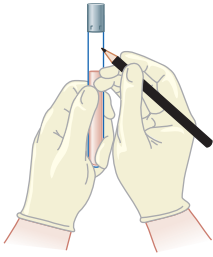
Principle

Microorganisms are transferred from one medium to another by **subculturing**. This technique is of basic importance and is used routinely in preparing and maintaining stock cultures, as well as in microbiological test procedures.

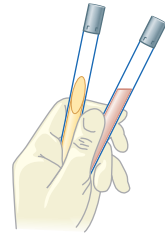
Microorganisms are always present in the air and on laboratory surfaces, benches, and equipment. These ambient microorganisms can serve as a source of external contamination and interfere with experimental results unless proper aseptic techniques are used during subculturing. Described below are essential steps that you must follow for aseptic transfer of microorganisms. The complete procedure is illustrated in **Figure 1.1**.

1. Label the tube to be inoculated with the name of the organism and your initials.
2. Hold the stock culture tube and the tube to be inoculated in the palm of your hand, secure with your thumb, and separate the two tubes to form a V in your hand.
3. Sterilize an inoculating needle or loop by holding it in the microincinerator or the hottest portion of the Bunsen burner flame, until the wire becomes red hot. Once sterilized, the loop is held in the hand and allowed to cool for 10 to 20 seconds; it is never put down.
4. Uncap each tube by grasping the first cap with your little finger and the second cap with your next finger and lifting the closure upward.
Note: Once removed, these caps must be kept in the hand that holds the sterile inoculating loop or needle; the inner aspects of the caps point away from the palm of the hand. The caps must never be placed on the laboratory bench because that would compromise the aseptic procedure.
5. After removing the caps, flame the necks and mouths of the tubes by briefly passing them through the opening of the microincinerator or through the Bunsen burner flame two to three times rapidly. The sterile transfer instrument is further cooled by touching it to the sterile inside wall of the culture tube before removing a small sample of the inoculum.
6. Depending on the culture medium, a loop or needle is used for removal of the inoculum. Loops are commonly used to obtain a sample from a broth culture. Either instrument can be used to obtain the inoculum from an agar slant culture by carefully touching the surface of the solid medium in an area exhibiting growth so as not to gouge the agar. A straight needle is always used when transferring microorganisms to an agar deep tube from both solid and liquid cultures.
 - a. For a slant-to-broth transfer, obtain inoculum from the slant and lightly shake the loop or needle in the broth culture to dislodge the microorganisms.
 - b. For a broth-to-slant transfer, obtain a loop-full of broth and place at the base of an agar slant medium. Lightly draw the loop over the hardened surface in a straight or zig-zag line, from the base of the agar slant to the top.
 - c. For a slant-to-agar deep tube transfer, obtain the inoculum from the agar slant. Insert a straight needle to the bottom of the tube in a straight line and rapidly withdraw along the line of insertion. This is called a stab inoculation.
7. Following inoculation, remove the instrument and reheat or re flame the necks of the tubes.

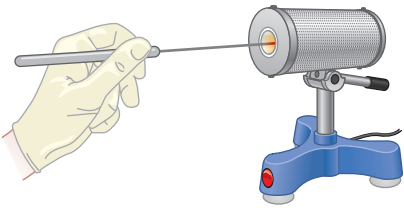
PROCEDURE



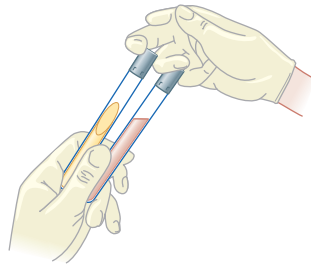
1 Label the tube to be inoculated with the name of the organism and your initials.



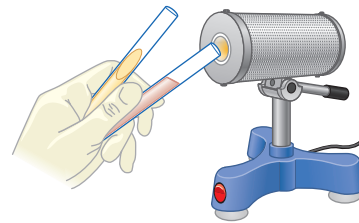
2 Place the tubes in the palm of your hand, secure with your thumb, and separate to form a V.



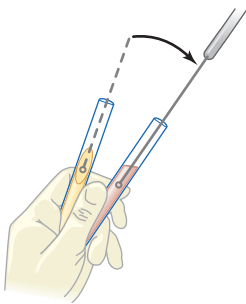
3 Flame the needle or loop until the wire is red.



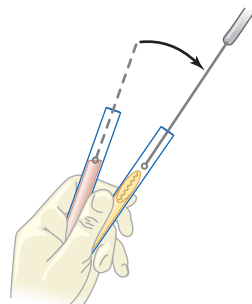
4 With the sterile loop or needle in hand, uncap the tubes.



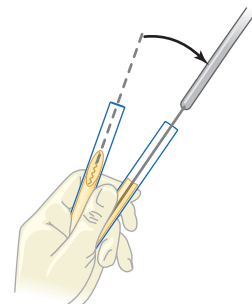
5 Flame the necks of the tubes by rapidly passing them through the flame once.



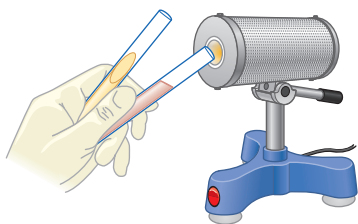
6 **Slant-to-broth transfer:** Obtain inoculum from slant and dislodge inoculum in the broth with a slight agitation.



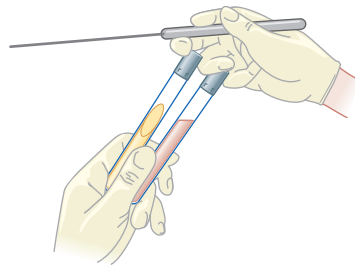
Broth-to-slant transfer: Obtain a loopful of broth and place at base of slant. Withdraw the loop in a zigzag motion.



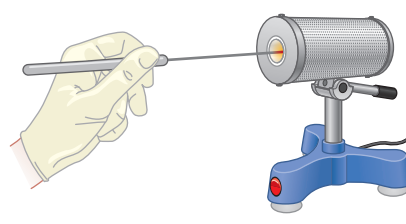
Slant-to-agar deep transfer: Obtain inoculum from slant. Insert the needle to the bottom of the tube and withdraw along the line of insertion.



7 Flame the necks of the tubes by rapidly passing them through the flame once.



8 Recap the tubes.



9 Re-flame the loop or needle.

Figure 1.1 Subculturing procedure

8. Replace the caps on the same tubes from which they were removed.
9. Resterilize the loop or needle to destroy any remaining organisms.

In this experiment, you will master the manipulations required for aseptic transfer of microorganisms in broth-to-slant, slant-to-broth, and slant-to-agar deep tubes. You will be using a positive and a negative control to test your ability to maintain aseptic techniques while transferring cultures. The technique for transfer to and from agar plates is discussed in Experiment 2.

CLINICAL APPLICATION

Aseptic Inoculation and Transfer

It is mandatory that microbiology laboratory workers learn and perfect the skill of inoculating bacterial specimens on agar plates, in liquid broth, or in semisolid medium, and be able to subculture the organism from one medium to another. A sterile inoculating needle or loop is the basic instrument of transfer. Keep in mind that, transferring bacterial cultures requires aseptic or sterile techniques at all times, especially if you are working with pathogens. Do not contaminate what you are working with and do not contaminate yourself.

AT THE BENCH



Materials

Cultures

Twenty-four-hour nutrient broth and nutrient agar slant cultures of *Serratia marcescens* and a sterile tube of nutrient broth. The nutrient broth tubes will be labeled “A” and “B,” and the contents will be known only by the instructor.

Media

Per student: three nutrient broth tubes, three nutrient agar slants, and three nutrient agar deep tubes.

Equipment

Microincinerator or Bunsen burner, inoculating loop and needle, and glassware marking pencil.

Procedure Lab One

1. Label all tubes of sterile media as described in the Laboratory Protocol section on page xv.
2. Following the procedure outlined and illustrated previously (Figure 1.1), perform the following transfers:
 - a. Broth culture “A” to a nutrient agar slant, nutrient agar deep tube, and nutrient broth.
 - b. Broth culture “B” to a nutrient agar slant, nutrient agar deep tube, and nutrient broth.
 - c. *S. marcescens* agar slant culture to a nutrient agar slant, nutrient agar deep tube and nutrient broth.
3. Incubate all cultures at 25°C for 24 to 48 hours.

Procedure Lab Two

1. Examine all cultures for the appearance of growth, which is indicated by turbidity in the broth culture and the appearance of an orange-red growth on the surface of the slant and along the line of inoculation in the agar deep tube.
2. Record your observations in the chart provided in the Lab Report.
3. Confirm your results with the instructor to determine the negative control tube.

TIPS FOR SUCCESS

1. **It is imperative that you maintain sterility and utilize aseptic techniques at all times.** If you allow a contaminating organism into your bacterial culture, you will see a positive growth in media that was inoculated with the negative control.